

## Finding meaningful things to do

# Getting involved in disability groups



Taking part in self-advocacy groups

### What did we find?

Campaigning and raising awareness of learning disabilities in the community

Taking on new roles and responsibilities – management boards and steering groups



**I enjoy being involved in my community and making changes, to make things better for people with learning disabilities.**

Linda, self-advocate



### What learning is involved?

Active and purposeful learning cultures

Sharing experiences and knowledge with peer groups

Learning from experienced peers – role models to inspire and mentor



**[A]lthough it's individual advocacy that these guys have maybe come to us with, but actually it's a group environment they're really flourishing within.**

Elle, advocacy group manager



### What more can be done?

Providing funding and support for advocacy groups in local areas

